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Guidelines

1. Determine the policy, people, and procedures for adaptation for the project.
2. Recruit a team to work on adaptations.
3. Review, as relevant, the source questionnaire for adaptation needs.
4. Review the translated questionnaire or instrument for adaptation needs.
5. Document adaptations and the rationale for making them.
6. Test adaptations made with the target population.

References

Introduction

The term 'adaptation,' as used in this chapter, refers to the deliberate modification of a question or questionnaire to create a new question or questionnaire. It is also referred as 'asking different questions' (ADQ) in Questionnaire Design. Adaptation needs may be considered at different stages in different multinational, multicultural, multiregional surveys, which we refer to as '3MC' surveys, and it is likely that some adaptation needs will only become apparent during translation or during pretesting of a translated questionnaire. It is therefore not possible, in terms of survey lifecycle, to identify a single unique stage as the stage at which adaptation needs might be recognized or addressed as this may differ for different projects or surveys. However, the most common procedure is to consider and address adaptation needs together with the translation process; therefore, the terms are often used in combination, as in 'translation and adaptation.' This is also mirrored in the survey lifecycle. Overall, there are different ways to integrate adaptation into the survey lifecycle; that is, into the production of survey instruments in the target languages. One way is to create separate teams for adaptation and translation; another possibility is to deal with adaptation at the same time as translation. In this chapter, we will focus on the former approach, where translation and adaptation are conducted through separate teams. It is highly recommended that the two teams collaborate and work closely together for questionnaire design. The translation team will be responsible for the same questions asked in both cultures (see 'asking the same questions and translating' (ASQT) in Questionnaire Design), and the adaptation team will mainly be responsible for different questions or asking questions in different ways to adapt new cultural needs (see 'asking different questions' in Questionnaire Design).

Why adapt questions? Adaptation may be made to the content, format, response scales, or visual presentation of a question, questionnaire, or instrument. The purpose of adaptation is to better fit the needs of a new population, language, or mode, or any combination thereof; see also Instrument Technical Design and Translation: Shared Language Harmonization. When developing new studies, researchers frequently modify questions that have been used in other studies and then use these modified versions. The motivations for such modifications may or may not be documented. Some changes are related to adapting to meet new needs. However, some are made simply because those making the changes consider them to result in a generally 'better' version or instrument. This chapter focuses only on changes made to meet needs as described above. In one-language (monolingual) contexts, questions and questionnaires may be deliberately adapted for a variety of reasons. In longitudinal surveys, for example, wording might be updated to stay abreast with usage; 'wireless' could be replaced by 'radio', for example. Wording might also be changed to better reflect current realities, such as adding social media as means of communication or the Internet as an information source in media questions. Changes might also be made to accommodate a new population; modifying vocabulary, presentation, and instructions to suit a child population rather than an adult one, for example. In 3MC projects, adaptation is often required to translate a questionnaire into another language in order to study new populations. In the following chapter...
The categories identified below are based on distinctions found in , , and .

Common forms of adaptation

System-driven adaptation

Units of measurement differ across countries and may require adaptation (e.g., Imperial pounds] vs. Metric [meters, kilos]; Fahrenheit vs. Celsius). Direct conversions may be exact and completely equivalent can produce an odd-sounding question. For example, asking about 100 yards would mean asking about 91.4 meters, while precisely equivalent, is an odd metric distance. Adaptations will need to be considered for any mention in inst length, area, dry volume, liquid capacity, weight, mass, or currency. Adaptation may also be needed to account for structural differences in government, government policies, and laws. For example, a question involving the head of
would ask about the Prime Minister in the United Kingdom and the President in the United States. Perhaps less straightforward is how to adapt questions about a law or policy that may exist in some contexts but not other as a minimum wage. Questions involving currency can also raise adaptation challenges. There are different exchange rates (e.g., official vs. informal), and straight conversion is often not meaningful because of differences in purchasing power. Some economic questions try to achieve equivalence by using some standard such as the median wage as the reference in each country.

**Adaptation to improve or guide comprehension** In preparing to use the question "Can you run 100 yards?" in Vietnam, local researchers worried that the distance would not be clear to Vietnamese respondents, and adapted it to "Can you run 100 yards or the distance of three light poles?" to help respondents envision the distance intended. In this particular example, the distance mentioned in the source version is retained but also supplemented by a localized indication of the intended distance.

**Adaptation to improve conceptual coverage** Sometimes, question components are added for a given location to better align with the intended dimension or construct. For example, the symptoms shown by patients with a given disease (as well as treatments, attributed causes, and places to get help) can differ across cultures. Including mention of local symptoms that are relevant can improve the accuracy of information collected at the local level and for the combined data set.

**Adaptation related to cultural discourse norms** Speech communities differ in the way in which they frame and communicate. Depending on the culture and language involved, indicators of politeness or deference may be required in the interview script or the self-completion questionnaire (polite imperatives, acknowledgment of relative status of interviewer and respondent, apologies for asking a question, etc.). In some contexts, adaptations are made without the scientific community currently acknowledging these as part of questionnaire adaptation needs. For example, Korean language with a systematic honorifics system reflecting social status, age, interpersonal relationships between participants in a discourse, and, indeed, much more. In interviewer-assisted applications, such discourse and etiquette requirements affect what interviewers say, depending on whom they are interviewing. In some diglossic linguistic contexts, the gap between written and spoken forms of a language can be quite large. This can mean that interviewers have a written script that conforms to the norms of the written standard of the language but are required, in 'speaking the script,' to conform to spoken norms of the language (see and ).

**Adaptation and cultural sensibilities** Cultural sensibilities with regard to a wide range of topics differ from culture to culture. Such differences motivated adaptations for Japan in the Picture Completion section of the Wechsler Intelligence Scale for Children (WISC-III). Instead of a depiction of a person with a body part missing, the Japanese version uses an inanimate object with a part of that object missing.

**Adapting design components or characteristics** Changes to the technical design of an instrument can be motivated by many factors. The direction languages are read or written in; a population's familiarity with certain visual representations (thermometers, ladders, scales using faces); and a wide range of culturally anchored conventions related to visual presentation, including color symbolism, representational preferences, and conventions of emphasis may call for adaptations of components of the source questionnaire (see also Instrument Technical Design).
Adaptation related to lexicon and grammar The lexicon (vocabulary) and grammar of a language may also make in design necessary. An example already discussed is the response category "neither agree nor disagree," which has rendered in Hebrew International Social Survey Programme questionnaires as "in the middle."

Adaptation to maintain or to reduce level of difficulty Educational and cognitive ability tests are biased if it is ea one population to answer correctly or perform a task required than it is for another population of equal ability on the A wide range of question types is thus sometimes adapted to maintain the same level of difficulty across different populations. Research in educational and psychological testing discusses such issues (see, for example, and ). In stu opinions, behaviors, and attitudes, the goal is generally more one of keeping respondent burden low. Adjustments m sometimes be made to simplify the vocabulary used in a translation for populations with expected low levels of edu to bolster instructions and explanations for those unfamiliar with the procedures of survey research. Response scale presentation is sometimes supplemented for populations unfamiliar with the notions of rating, for example, or for th unfamiliar with conceptualizing the response scale concepts in relation to entities asked about .

Guidelines Goal: To make a survey instrument better fit the needs of a new population, location, language, or modc

1. Determine the policy, people, and procedures for adaptation for the project. Rationale Adaptation needs will most comparative projects, and should therefore be sufficiently prepared for. Any quality assurance and quality mor framework must therefore include a plan for how to deal with adaptation. This plan should propose procedures to id and address adaptation needs for each location and specify how to make decisions about documentation. It should a determine how any effort to coordinate adaptations or their documentation is to be organized (see ). Procedural step

1.1 Plan coordination of adaptation development and the tools to be used to develop and document the process outputs.

1.2 Identify a suitable team with the necessary skills to work on adaptation problems (see Guideline 2 below).

1.3 Decide on an approval procedure for the persons assigned to decide and approve adaptations. In projects aii ask the same questions (ASQ) of each population, substantive adaptations should only be made if they are req ensure comparable measurement or to avoid some other important negative consequence.

1.4 Decide on a strategy to ensure that participating groups (locations, countries, etc.) are informed about adapt being proposed by other members and can contribute their own proposals or reactions.

Lessons learned

1.1 By anticipating certain adaptations in an ASQ source-and-translate (ASQT) model, the translated versions a to be more consistent with the measurement intended in the source questionnaire. However, it is very likely th adaptation needs will not be recognized until translated versions are available.

2. Recruit a team to work on adaptations. Rationale Adaptations are made to address modifications necessary to to interview multiple populations. The spread of skills and range of cultural experience required cannot be provided person. The team should bring together knowledge about and an understanding of (1) adaptation needs in general, (2) types of adaptation, (3) the strategies commonly used to adapt, (4) measurement comparability needs, (5) language proficiency in whatever languages are involved, and (6) relevant cultural information. The team should work in clos
cooperation with the translation team. Depending on the project and the team composition, it may be that the same
people carry out both translation and adaptation tasks. In any case, it is important to have people with adaptation knowledge
skills in the overall team for ‘transforming’ a source survey instrument/source questionnaire for use by target popula-
_tions.

**Procedural steps**

2.1 Identify a small group of people who can, as a team, provide the skills and competencies needed for the six
mentioned above.

2.2 Identify at least two people for each given location or instrument to work as an adaptation team. This team
supplement the translation team to carry out adaptations as needed. These additional team members contribute
the specific instrument they can provide input on. They provide the specific cultural awareness and language
competence needed for a given location and language. However, issues identified for one location and popula-
tion may prove relevant for others too.

2.3 Brief all team members on the goals of the adaptation steps and procedures, any tools to be used, and the
documentation required.

**Lessons learned**

2.1 Briefing and providing examples of what is desired and what is not is important. Members of such teams may
have learned practices the current team does not want to endorse. Providing examples for discussion during
briefing and training reduces the likelihood of team members making incorrect assumptions about what is required
and how to proceed.

3. Review, as relevant, the source questionnaire for adaptation needs. **Rationale** Identifying and resolving adapt-
ations in the source questionnaire may result in a better one (that is, one that is easier to work with as a source
questionnaire). By identifying and resolving elements to consider for adaptation in the source document, comparabi-
_lity across different questionnaire versions can also be enhanced. **Procedural steps**

3.1 Assign the work to a person or persons familiar with the common forms of adaptation in surveys, knowledge
about the questionnaire as well as the measurement goals of each question, and with a good understanding of
cultural and social realities of both source and target populations. Provide a format for indicating potential adapt-
element changes.

3.2 Keep a record of all elements identified and the rationale for each.

3.3 Provide examples of what is required in terms of adaptation in the record.

3.4 Check the suggestions made with a range of locations participating in the project; the members engaged for
consultation would be useful contacts for this step.

3.5 Adjust the adaptation proposals for the source questionnaire as seems appropriate.

**Lessons learned**

3.1 It may not be easy to find people with experience in adaptation procedures. People with extensive experi-
drafting questionnaires for multicultural projects and translators may be good first choices; each can provide unique
insights based on their different knowledge and experience.
3.2 The ability to look at a questionnaire with an awareness of other cultures' needs can be trained, but it needs based on some background of cross-cultural experiences and awareness. Translators develop the ability to think and between cultures in the course of their training. Their insights and their explication of motivations for such changes could help others on the team learn what is needed. At the same time, translators cannot be expected understand all the measurement factors to be considered in question adaptation. In addition, translators are no necessarily in touch with the on-the-street reality of interviewing and the everyday language of the target popi This is why a team providing a spread of expertise is recommended.

4. Review the translated questionnaire or instrument for adaptation needs. Rationale A review with respect to adaptation can be incorporated into the translation phases. Some adaptation proposals are likely to result from the translation process, in any case. However, some adaptation needs that are unrelated to translation may not be apparent to the translation team. It is, therefore, important to check for other adaptation needs once the translation is completed. In addition, the adaptation team may have access to knowledge about adaptation undertaken in other languages involved in a multi-language project that an individual translation team does not.

   Procedural steps

4.1 The adaptation team should collaborate closely with the translation team. The persons chosen should, togeth provide language and translation skills and a good understanding of the cultural contexts of target versions. Producing the local target version of the questionnaire could help them as necessary to be aware of source ver implications and cultural assumptions inherent in it. These people need not be extremely proficient in the language of the source questionnaire. If suitable local people are readily available, using two different people from those on adaptation for the source questionnaire could minimize repetition and transfer of topics from the source questionnaire review to the current review.

4.2 Provide a format for indicating potential adaptation elements, along with examples.

4.3 Keep a record of all elements identified and the rationale for each.

4.4 Check the suggestions made by the adaptation team with groups formed from other locations, and adjust the adaptation proposals accordingly. This step might best be undertaken as a late step in deciding adaptations for the entire project.

Lessons learned

4.1 Given the meager literature on the rationale and procedures of adaptation in surveys (for an example, see ), adaptation teams may end up making decisions based on common sense and best guesses. Pretesting adaptation decisions before implementation is thus essential.

5. Document adaptations and the rationale for making them. Rationale Documentation of adaptation is important for version control across locations and adaptation in one round of a survey. It also makes it possible to check content a presentation through any longitudinal iterations of a survey or a question. Such documentation can also ultimately lead to the development of a more refined understanding of adaptation practices. Lessons learned

5.1 Ensure that the documentation of changes and their rationale is made publicly available. At the moment, it is easy to find literature on adaptation that presents procedures and motivations in detail (for an example, see ). Documentation taken by teams as proposed above will form an important basis for surveys in the future and help advance this area of methodology.

5.2 The motivations for adaptation may also not be evident to those not involved in the adaptation process. Second analysts, for example, would benefit from a record of the rationale behind adaptations.
6. **Test adaptations made with the target population.** *Rationale* Adaptation results in new questions. New questions should be tested with people representative of the target population. *Procedural steps*

6.1 Pretest adapted instruments to find out whether the questions are understood as intended and can be answered without undue burden.

6.2 Include quantitative assessment (see Pretesting).

**Lessons learned**

6.1 It is important to streamline development of adapted instruments as much as possible in order to have enough time and resources to undertake the various steps and testing thereof. Adaptation needs should be considered at each stage of development; however, in several surveys, they may be mainly dealt with during the translation stage. Development and pretesting of the source questionnaire should keep adaptation needs in mind. The question about being able to carry a 2-liter bottle of water or soda, for example, could have been evaluated in terms of the availability of bottled beverages, the saliency of the size of the bottles, and the material of which they might be made. Thus, the need to make adaptations from a final source instrument can be reduced during the questionnaire design phase, as translation alone cannot remedy such matters.

6.2 If adaptation is left until the last moment, there may be no more time or resources to pretest.

6.3 If sharing findings and conclusions about adaptation across locations involved in a project is not organized in an efficient and timely fashion, individual locations are not able to benefit from solutions or problems found in other locations.

6.4 Extensive evaluations of various kinds are needed to establish whether adapted or translated questions result in comparable measurement. The health-related quality-of-life literature on translated instruments, even on just one 36 Health Survey, is revealing in this respect. See, for example, and references cited there.

**References**